



To Our Desert Tumbling Friends:

We are excited to welcome you back to Desert Tumbling! In this challenging time, we think it's more important than ever to keep our children active, engaged, and excited. But in order to safely re-start tumbling classes, we need your help. There will be some temporary changes to how things work. Please read the details below. Remember, we are all in this together!

In addition to reviewing our changes, we have two main requests.

- (1) Most importantly, please avoid coming to the gym if you or your child are sick, or if you have been in contact with one who has been sick.
- (2) Please read and sign the new release form on our website. You can bring this form in or email it to us. It will be available by June 1, 2020.

We can't wait to see everyone again soon!

– Paul, Wendy, Maggie, and the Staff

Temporary Changes:

Class Size

For now, class sizes will be limited so that there are never more than 20 students in the gym at a time. This will allow us to maintain recommended physical distancing.

Gym Cleanliness

Students will be given hand sanitizer before entering the gym. Gym equipment will be rotated and cleaned between each class. Additionally, the gym will be thoroughly sanitized and vacuumed each day. The garage door will be opened as weather permits. And all coaches will be required to wear masks.

Class Style

Classes will be more station-oriented in order to keep physical distance. Students will use their own designated gym-mats to the extent possible. Class times will decrease from 1-hour to 50 minutes (in order to limit contact between classes, allow students to enter/exit the gym safely, and to sanitize before the next class begins). Unfortunately, for now, we will not use the foam pit.

Spotting

For the initial transition stage, there will be no spotting at the gym. This measure is to protect the safety of our staff and students. Our focus will be on reinforcing fundamental skills, strength, and agility. As usual, your child's safety is always our first priority and our coaching will be conservative until we can resume a normal routine. We expect this hands-off approach to relax over time.

Open Gym

We are starting new daytime open gym hours for the summer. Stay tuned for more information about days and times! To begin, all open gym sessions will be one-hour long with a limit of ten students per hour. We will require that you call ahead to reserve your spot and pre-pay.



Make-Up Policy

Unfortunately, we will not be able to accommodate make-up classes at this time.

Payment

For now, we prefer automatic payments by card. This will help us limit physical interactions. We are happy to accept payments over the phone.

Lobby

Due to limited space, our lobby will not be open for class-viewing. If you need to come in, we require that you wear a face mask and respect physical distancing.

Drop-Off/Pick-Up

Since the lobby will be closed, we ask that you drop off and pick up your children. We will dismiss students in an orderly fashion. Because of these logistics, it's more important than ever to drop off and pick up your children on time.

Bathrooms and Water Fountain

Our bathrooms will remain open and will be cleaned between uses. Students will be given hand sanitizer before returning to class. However, please do your best to have your student "go" *before* coming to the gym, so we can limit bathroom use and discourage lines. The water fountain will be closed, so please send your child with a full water bottle clearly labeled with their name

Candy

Regrettably, Ike, Mike and Skittles are still under strict stay at home orders. The candy machine will remain closed at this time.

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Again, thank you for your support and understanding. We intend for these changes to be temporary and can't wait to get back to normal. Until then, it's everyone's job to be as clean, safe, and respectful as possible.